

2015 Resource Guide for Pulaski County Virginia

Updated on 12/17/2015

This resource guide is a compilation of information and services and not an endorsement of any organization.

All information is active and has been verified.

Please contact Connie Clark to add/delete or make any changes @ (540)961-8467/cclark@nrvc.org. This directory will be updated quarterly. Sponsored by the Pulaski County Commission on Children and Family.

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Crisis Hotlines and Toll Free Numbers

ACCESS (Addiction/Suicide) Hotline
540-961-8400 or 1-888-717-3333

Carilion Clinic-Psychiatry & Behavioral Medicine
1-888-284-8898

Child Abuse/Neglect
1-800-552-7096

Childhelp USA National Hotline (Report & Prevent Abuse)
1-800-4-A-CHILD

Child Welfare Information
1-800-394-3366

Cutting/Self Injury (Self-Injury Help by S.A.F.E.)
1-800-DON'T CUT/1-800-366-8288

Depression and Bipolar Support Alliance (DBSA)
1-800-826-3632

Depression Awareness, Inc.
1-800-799-0208

Depression, Awareness, Recognition, and Treatment (DART)
1-800-421-4211

Domestic Violence Hotline
1-540-639-1123/1-800-788-1123

Family Mental Health Center
1-800-833-3915

FOR WOMEN-Bethany Hall (Long-term residential substance abuse treatment)
1-888-343-4261

Lewis-Gale Center for Behavioral Health
1-800-541-9992

Missing Children Info VA
1-800-822-4453

National Adolescent Suicide Hotline
1-800-621-4000

National Foundation for Depressive Illness
1-800-248-4434

National Runaway Switchboard
1-800-786-2929

National Suicide Crisis Hotline
1-800-784-2433 (1-800-SUICIDE)

National Suicide Prevention Hotline
1-800-273-8255 (1-800-273-TALK)

New River Valley Crisis Hotline
1-540-961-8400

Panic Disorder Information Hotline
1-800-647-2642 (1-800-64-PANIC)

Poison Control
1-800-451-1428

Pulaski Mental Health Clinic
1-540-994-5023

Rape/Sexual Assault WRC 24 Hour Hotline
1-540-639-1123/1-800-788-1123

RAFT (Addiction/Suicide) Hotline
1-888-717-3333

Substance Abuse and Mental Health Services
1-800-662-4357

The National Mental Health Association Information Center
1-800-969-NMHA (1-800-969-6642)

United Way Crisis Hotline (Statewide information and referral line)
1-800-233-4357 (1-800-233-HELP)

VA Family Violence/Sexual Assault (VA Department of Social Services)
1-800-838-8238

Virginia Department of Health (Injury, Suicide, and Violence Prevention Programming)
1-800-732-8333 (Information Line)

Women's Resource Center of the NRV Crisis Hotline
1-540-639-1123

Youth Crisis Helpline
1-800-999-9999

Abuse/Assault/Violence

Dublin Police Department

The Dublin Police Department, under the leadership of Chief Jay C. Vest, is dedicated to serving the citizens of the community fair and equally to the best of our abilities. This task is made easy by the caliber of people that we serve. Dublin has a low crime rate and we attribute that directly to our citizens. We currently have 9 sworn officers. This includes the Chief of Police, the Patrol Lieutenant, Investigations Unit, and Patrol Division. In the Patrol Division, we have 5 patrol officers and a K-9 Unit.

Dublin Municipal Building
101 Dublin Park Drive/Dublin, VA 24084
Phone (540)674-5167
Fax (540) 674-4799

Pulaski County Health Department

Programs and services include: Preventative clinical services such as Family Planning, Breast and Cervical Cancer Detection, Prenatal check-ups, Child and Adult Immunizations, WIC (Women, Infants and Children) Education and Food Vouchers; Communicable Disease Prevention and Control; Low-Income Safety Seat Program, providing car seat safety education and distribution of car seats; Nurse Case Management for High Risk Pregnant Women and Children; Mentoring for Pregnant and Parenting Teenagers; Individual and Group Health Education on Disease and Injury Prevention and Public Health Related Topics; Environmental Health Restaurant Inspections and Well and Septic System Site Evaluation and Permits.

170 4th Street NW/Pulaski, VA 24301
Phone: (540) 440-2188/Fax: 994-5036

Pulaski County Sheriff

The Pulaski County Sheriff's Office, under the leadership of Sheriff Jim Davis, is a professional law enforcement agency located at 86 East Main Street, Pulaski, Virginia.

Agency personnel work diligently in order to maintain high standards, striving to safeguard the lives and property of our citizens, reduce and deter crime, and to enhance public safety in an effort to improve the quality of life in Pulaski County and the Commonwealth of Virginia.

86 East Main Street, Pulaski, Virginia
540-980-7800

Pulaski Police Department

The mission of the Pulaski Police Department, under the leadership of Chief Gary Roche, is to commit itself to a partnership with the community, to ensure quality law enforcement, to safeguard all constitutional rights and maintain public confidence. The police department will strive to safeguard citizens' lives and property using the best available resources to identify, apprehend, and prosecute violators of the law.

42 1st Street, NW • Pulaski, Virginia 24301
Email Address: info@pulaskipd.net • Phone: (540) 994 - 8680 • Fax: (540) 994 - 8693

Women's Resource Center of the New River Valley

Provides services and programs (counseling, court advocacy and shelter) for adult and child victims of domestic violence and sexual assault. Services provided to men, women, and youth free of charge.

Services to victims and their families include:

- 24 hour crisis hotline
- Individual counseling
- Supportive family counseling
- Medical, court, and legal advocacy
- Emergency shelter for adults and their families who are unsafe in their homes due to violence

Education and Training services are provided to schools, colleges, community groups and organizations, and professionals upon request.

Local hotline: 540-639-9592

Toll free: 1-800-788-1123

Shelter: 540-639-1123

Sexual assault and Administrative Office: 540-639-9592

Children/Youth Support Services

Big Brother Big Sister (Mentors)

Big Brothers and Big Sisters are, first and foremost, friends to children. They share everyday activities – exploring new horizons and experiencing the joy that simple moments of friendship can bring. Within those little moments lies the Big Magic that a Big Brother or Big Sister brings. We currently have two core programs in which you can bring a little magic into a child's life:

School-Based Program

Volunteers (ages 16+) meet with their Littles in local elementary schools one hour each week during the school year, engaging in a variety of one-to-one activities.

246 N. Washington Ave. Suite C

Pulaski, Virginia 24301

Phone: 540-798-0836/540-345-9604

Child Study Center of Virginia Tech

The Child Study Center (CSC) is a specialty research, service, and training facility devoted to the comprehensive assessment, treatment, prevention, and understanding of problems of childhood and adolescence. The Center is affiliated with the Psychological Services Center and the Department of Psychology at Virginia Tech. The CSC staff, which is comprised of faculty, staff, and graduate clinicians from the Clinical Psychology and Developmental and Biological Psychology training programs, represents diverse areas of expertise.

Email: childstudycenter@gmail.com

540-231-8276

R.E.A.C.T.-Recovery Effort After Child Trauma (fire) 24/7 Helpline 540-320-0483.

Email: <http://www.psyc.vt.edu/labs/stresscoping/publications>

Family Preservation Services

We provide counseling and support services in home- and community-based settings and we emphasize the strengths and uniqueness of each youth and family. We do not own or operate any hospitals, residential treatment centers or group homes. All services are offered by trained therapists and paraprofessionals under the direct supervision of licensed clinicians.

540-381-7500

4-H Support Services

Pulaski County 4-H Youth Development programs are rich with learning experiences where young people partner with caring adults and volunteers in a fellowship unlike any other program available to youth today. Through 4-H, young people are encouraged to participate in a variety of activities that emphasize 4-H's "learning by doing" philosophy of youth development. The 4-H Youth Development program in Pulaski County provides opportunities for youth, ages 5-18, to participate in dynamic and innovative, fun programs through which they can develop valuable, lifelong skills. The Virginia 4-H Mission is to develop youth and those adults working with those youth to realize their full potential – becoming effective, contributing citizens through participation in research-based, informal, hands-on educational experiences. 4-Hers in Pulaski County learn valuable skills, make new friends, solve problems, earn awards and recognition, practice citizenship, develop leadership abilities, and make a difference in their communities. Standing for head, heart, hands, and health, 4-H uses more than a century of experience in youth development programming to build strong, confident leaders. Young people in the 4-H community learn leadership, citizenship, and a vast array of life skills that benefit them for the rest of their lives. Through school-based, after-school, and community clubs as well as camp settings, 4-H members pledge to build a better community, country, and world. 4-H'ers live by the 4-H Motto, "Making the Best Better."

For more information about Pulaski County 4-H, please contact:

Chris Lichty, 4-H Extension Agent, at 540.980.7761. or email at clichty@vt.edu.

Family and Consumer Sciences

As the Senior Family and Consumer Sciences Extension Agent, Sarah Burkett works primarily with families and youth in Pulaski to provide research-based educational programs. The Extension Leadership Council and Family and Consumer Sciences Advisory Council identify community issues and problems this agent should address. Since **foods, nutrition and health** is her specialty area she receives numerous training requests in the areas of: adult programs to diminish disease risks, an in-school nutrition program for all second and third graders and adult/youth health and fitness programs. She also provides three food safety training certification courses for restaurant managers, food service workers and temporary food vendors. In the area of **family financial management** she provides educational materials and trainings on basic financial management for the general public, Social Services and NRV Cares. In the area of **human development** she serves on Pulaski's Family Assessment and Planning Team to help access resources to assist Pulaski youth and families. She also provides parenting programs requested by other agencies, church groups, PTO groups and other civic organizations. To market programs available and share educational information with the public she maintains a weekly newspaper column, and radio program. She networks with other area professionals and agencies such as: two local hospitals, area dietitians, child care centers, Social Services, schools, church groups, NRV jail, senior groups, recreation centers, parent groups, teacher in-service for teachers and Head Start staff. She also has the opportunity to be involved with research projects with extension specialists, and faculty and students at New River Community College, Radford University and Virginia Tech because of her proximity to these institutions.

Program Offerings:

School Nutrition Series for Second and Third Graders in Pulaski County

Money Management Classes
Food Safety Trainings (ServSafe Essentials, Serve Safe Foods and Cooking for Crowds)
Parenting Programs
Adult, Nutrition and Health Programs to Diminish Disease Risks
Child Care Staff Development Trainings
Senior Nutrition Programs
Youth Nutrition Programs
Stress Management Programs

For more information contact Sarah Burkett at sburkett@vt.edu

Step out for Better Nutrition and Health

The YMCA and Virginia Cooperative Extension want to help you improve your health status.

Join this free series of classes on Monday nights from January 13 – February 8, 2016

Learn about lifestyle habits that promote health and participate in low-impact physical activities

Time/Location: 6:00 pm -7:30 pm each day

The Hensel Eckman YMCA

615 Oakhurst Avenue

Pulaski, VA 24301

Cost: Free (25 spots available for this class)

You'll receive: Free health incentives

To sign up:

Call the Pulaski Extension Office (980-7761) or email amary@vt.edu

Register by January 11, 2016.

Grandparents Raising Grandchildren Support Group

Offers support to relatives raising children related to them. Group meets the second Thursday of the month at the Pulaski YMCA, 615 Oakhurst Drive, from 5:30-7pm.

Childcare and dinner provided free of charge.

Contact Cassie Mills for information

Phone 540-980-7720

Email cmills@nrvaoo.org

Intercept Youth NRV Services

Foster Care, Transitional Services, In-Home Intensive Services and more. In addition, Intercept's Crisis One division provides Crisis Stabilization and Intervention Services in the area. Intercept provides immediate response for assessments and will provide up to 15 days of support in homes for those at risk for hospitalization or socially isolated.

Crisis One's hotline number: 1-540-315-6659

www.interceptyouth.com

New River Community Action

The mission of New River Community Action, Inc. (NRCA) is to promote and support the well-being and self-reliance of individuals, families and communities. Community Action Agencies are well known proponents of self-sufficiency. “A Hand Up, Not A Hand Out” is our motto. We strive to achieve our purpose through community organization and empowerment, i.e., helping local communities to recognize and address their own poverty conditions. NRCA has developed a variety of programs that prevent and alleviate poverty and improve the lives of low-income individuals and families.

412 N. Jefferson Ave, Pulaski, VA 24301
Hours: 9-11:30am; 1-3:30pm, Monday-Friday
Phone 540-980-5525

Head Start

Provides comprehensive developmental services to eligible pre-school children and their families. Family-focused services emphasize education, nutrition, parent involvement, social services and preventative health care.

14 Sixth St, Pulaski, VA 24301
Phone: 540-994-5740

CHIP (Children's Health Improvement Partnership)

Provides access to primary health care to pregnant women and families with children age's birth to seven. Parent education and support for family goals is provided through home visiting case management services.

412 N. Jefferson Ave, Pulaski, VA 24301
Phone 540-994-9200
Fax 540-994-9334

Family Outreach Connections

Family Outreach Connections assists expecting mothers, parents, and others caring for young children to find a home-visiting program or other community resources that are right for them. Families who contact Family Outreach Connections get assistance for concerns involving: parenting education, health concerns, accessing medical care, behavioral health services, substance abuse treatment, housing resources, domestic violence, and a variety of other concerns that parents and care givers may experience. Family Outreach Connections also provides day-to-day necessities for families with babies and young children through The Baby Shop. Our shop in the city of Pulaski is located at 412 N. Jefferson Avenue, Pulaski 24301. For up to date hours and how to access or donate to The Baby Shop, please call the Family Outreach Connections office at 540-639-3159.

New River Valley Community Services

New River Valley Community Services (NRVCS) is a public provider of behavioral health services to residents of the New River Valley. The agency serves children, adults and families by providing community-based programs for mental health, intellectual disabilities, substance use disorders, and related prevention services. Emergency Services are provided. Fees vary according to income. Medicaid accepted.

Pulaski Clinic:

1042 E. Main Street/Pulaski, VA 24301

HOURS:

Mon- 8:30 AM - 7 PM/Tues - 8:30 AM - 5 PM/Wed - 8:30 AM - 7 PM/

Thurs - 8:30 AM - 7 PM/Fri - 8:30 AM - 3 PM

www.nrvcs.org/Phone: 994-5023/FAX: 994-5028

Strengthening Families Program

SFP is a three-part program in which parents learn new parenting skills, children learn skills which enable them to be more resilient, and families come together to take part in a fun learning activity. This is a time to eat dinner together, learn new things, and have a good time with each other. Families work together to make life more enjoyable for every member of the family. **No fee** is charged for these classes, but you must pre-register.

Dinner is provided.

For additional information, call Leslie Beasley at 961-8356 or email at

lbeasley@nrvcs.org.

NRV CARES

NRV CARES is a private, non-profit organization dedicated to protecting children from abuse and strengthening families through education, advocacy and community partnerships. NRV CARES provides three difference educational opportunities for parents:

*NRV CARES' **Parenting Young Children Courses** are free to all and provide parents/caregivers with information about effective parenting styles, disciplining with both firmness and kindness, communicating effectively with children (and others), gaining cooperation from our children, finding ways to build our children's and our own self-esteem through the process of encouragement...and much more! The course includes on-site childcare, dinner for the family and a complete 8-week Course—All free of charge both to the community and to referring agencies. **Registration is required.**

***Circle of Parents** parent support groups provide a friendly, supportive environment to anyone in a parenting role. Groups meet weekly, are free of charge and foster an open exchange of ideas, support, information and resources. Children's programs and dinner for the family (also free of charge) are provided.

***Parenting Through Separation and Divorce** is an evidence-based curriculum for anyone with children going through a separation or divorce or who is involved with custody issues. The program addresses the effects of separation or divorce on children; parenting responsibilities; options for conflict resolution; and financial responsibilities.

For more information about any of these programs or to register, please call

Keli Lichty, NRV CARES Education Program Director, at 540-381-8310

Pulaski Community Partners Coalition (PCPC)

Promoting healthy families and a safe Pulaski County by connecting people, resources and ideas. Substance Abuse and Prevention and Education are a main objective.

53 Commerce Street
Pulaski, Va. 24301
540-980-7995 ext. 157
Email dbarrett@nrvc.org

Pulaski County Department of Social Services

Provide benefit programs for income eligible individuals and families: Temporary Assistance to Needy Families (**TANF**), Food Stamps (**SNAP**) 1:00pm-4:45pm Monday, Wednesday and Friday, Medicaid, State/Local Hospitalization, Auxiliary Fuel Assistance Grant, and General Relief (for burial). Also provides Adult and Child Services, Foster Care, Adoption Services, Child Care Information, Assistance and Referrals.

53 Commerce Street
P.O. Box 110
Pulaski, VA 24301-0110
(540) 980-7995
(540) 980-7993 (FAX)

Pulaski County High School Student Assistant Program (SAP)

The SAP Program provides Education, Prevention, Early Identification, Intervention, Referral, and Support Groups.

540-643-0370

Pulaski County Public Schools

202 North Washington Avenue
Pulaski, VA 24301
Phone 540-994-2550
Fax 540-994-2552

Pulaski Grow

Pulaski Grow is youth training program housed inside a working aquaponics business.

We train youth ages 14 to 18 to be workforce ready. Trainees gain experience in aquaponic growing (using fish to fertilize hydroponic plants) as well as learn skills such as: interviewing, resume writing, product research and development, marketing, and customer service. The courses are free to participants; however each trainee will be required to give back to Pulaski Grow through 25+ hours of volunteer work.

Our goal is to be known throughout the state and the region as THE model for training youth to be job ready while providing the highest quality product in the area.

3163 Greenbriar Rd.
Draper, VA 24324
540-922-2989

Safe Haven Child Visitation Center, Pulaski

Our mission at Safe Haven is to provide “a safe environment for children to visit with their estranged family members and to facilitate their safe exchange during court-ordered visitation.”

44 Third Street, N.W.

Pulaski Virginia 24301

Office Hours: Weekdays, 1:00pm-4:30pm

540-808-0096

Email:safehaven86@yahoo.com

The Rock Youth Center

The Rock Youth Center of Pulaski, Inc. Organization was started August 22, 2006 by local Youth Pastor, Joe Blankenship with assistance from his wife Kelly, various youth workers, community leaders and concerned citizens. The center is in response to the community’s need for a charitable organization that can provide the nutritional, physical, mental, spiritual and economic tools that will make a difference in the lives of our youth.

They envision a charitable center that furnishes support tools that lead the youth of Pulaski County away from crime, violence, drugs and poverty to a solid decision making process that will assist them in becoming good students and solid citizens.

For more info on The Rock Youth Center of Pulaski, Inc., call or email:

support@rockpulaski.com

540-577-2873

YMCA of Pulaski County

Provides licensed childcare and recreational programs that build a healthy mind, body and spirit for all. Offers programs such as swimming, fitness classes, senior programs, aerobics, water exercise, racquetball, yoga and swim lessons.

615 Oakhurst Avenue

Pulaski, Virginia 24301

540-980-3671

Early Head Start program at the Pulaski YMCA

An Early Head Start program is available at the Pulaski YMCA and serves children ages 6 weeks to 36 months. This program is designed to provide high-quality child and family development services to low-income families with infants and toddlers. As with Head Start, Early Head Start offers children and families comprehensive child development services through center-based, home-based, and combination program options. For more information and/or to apply for these services, call the Pulaski Y at (540) 980-3671.

Young Life of NRV

Young Life New River Valley is a group of caring adults who develop relationships with kids, and share that message. We do this by spending time with kids on their turf. By earning the right to be heard. By walking through life with them. We have weekly "club" meetings and Bible studies where kids can come hear about Jesus in a safe environment that is fun and engaging. We give kids adventure by taking them to camps where the love of God is not only communicated but seen all around them. We believe that every kid in the New River Valley to be a part of their life.

Area Director: Tim Hartin

410-212-0350

timhartin@gmail.com

Youth Excel Program

Youth Excel is a program sponsored by the Pulaski Chamber of Commerce that is passionate about seeing young people make a successful transition into adulthood. That's why we aim to equip them with the motivation and life strategies they need to reach their unique potential. This program is designed for 11 grade students.

Contact Chrissi Vest for more information.

540-674-1991

Adult Support Services

Literacy Volunteers of the New River Valley – (LVNRV)

Literacy Volunteers of the New River Valley provides free, confidential tutoring to adults in the NRV who want to strengthen their literacy skills for personal independence and better employment.

We provide tutoring in the following:

- Reading and writing to adults who read below a fifth grade level, or supplemental tutoring to adults who are enrolled in a GED program.
- English for Speakers of Other Languages for adults who seek to improve their English speaking and writing skills.
 - Basic Computer Skills.
 - Basic Math skills

195 West Main Street/Christiansburg, VA

Phone: 540-382-7262

Hours: Monday - Wednesday 10 a.m. - 4 p.m.; Thursdays and Fridays by appointment

The Office of Transitional Programs at New River Community College (NRCC)

Adult Education/GED Classes

General Educational Development (GED) are FREE classes offered in the localities of Floyd, Giles, Montgomery, Pulaski and Radford to help adults prepare for the GED test.

The classes also focus on college preparation for growing knowledge and career readiness for gaining employment. Adults who earn a GED demonstrate they have acquired skills equivalent to those of high school graduates. The GED test is a computer-based test which consists of passing four subtests: reading, science, social studies, and mathematics. The classes are taught by highly qualified teachers who help adults improve their learning ability as well as critical thinking and problem solving skills in order to be successful. Student orientation is required prior to attending classes.

Integrated English Literacy (IEL) for Speakers of Other Languages

IEL classes are held in Montgomery County at the NRCC Mall site for adults who need to improve their English speaking and writing skills and who are seeking to gain citizenship. These classes are FREE and range from beginning to intermediate to advanced. All persons who desire to attend classes must attend orientation so they can be assessed and placed in the appropriate class.

NRCC Office of Transitional Programs

5251 College Drive

Dublin, VA 24084

(540) 674-3682 or toll free 866-462-6722, ext. 3682

(540) 674-3600, ext. 4110 for IEL classes

Family Preservation Services

FPS provides community based services to at risk youth and their families. FPS offers mental health treatment on a continuum of intensity and duration, depending on individual, family and community needs. FPS programs are oriented toward providing the sensible, positive support essential to strengthening family units and alleviating the need for removing youth from their homes.

For Adults:

Mental Health Skill Building Services fosters client independence in the least restrictive environment appropriate through support and training. Primarily serving late adolescence and early adulthood, Mental Health Support enables individuals with significant psychosocial challenges to become active, functional members of their communities.

540-381-7500

Addiction/Substance Abuse

Celebrate Recovery (Support Group)

CELEBRATE RECOVERY is a Christ-centered, 12-step program where people gain freedom, healing, and accountability for life's "hurts, habits, and hang-ups." By applying the 8 Recovery Principles within the 12-step program, we open ourselves up to God's grace and we can break free. We also open the door to recovery by sharing our experiences and hopes with one other. Celebrate Recovery is open to men and women ages 18 and up. CR is not just for people struggling with substance abuse. CR is for anyone who desires to have victory over any type of stronghold of sin, anyone who has a "hurt, habit, or hang-up."

Valley Harvest Ministries

1 Harvest Place

Dublin, Virginia

Meet Thursdays from 7:00pm-9:00pm

540-674-4729

New Life Recovery Center (Residential Substance Abuse Services):

The residential rehabilitation services at New Life Recovery Center provide treatment for addicted individuals in a residential environment so they can be removed from the situations in which they are most likely to relapse, at a time when they are the most vulnerable. The program provides individual and group therapy for the clients, as well as education about addiction and case management. This includes planning to get them back into an environment that will be more supportive of their decision to stop using alcohol or drugs. New Life Recovery Center is located in Fairlawn. A 30-day program, New Life has ten beds and serves both males and females who are 18 years of age or older with a primary diagnosis of alcohol and/or drug dependence. Residents may also have co-occurring mental health disorders.

Kat McClinton, M.S., C.S.A.C - Program Supervisor

New Life Recovery Center

7193 Warden Court

Radford, VA 24141

Phone: 540-831-4000

NRV Al-Anon Support Group

At Al-Anon Family Group meetings, the friends and family members of problem drinkers share their experiences and learn how to apply the principles of the Al-Anon program to their individual situations. They learn that they are not alone in the problems they face, and that they have choices that lead to greater peace of mind, whether the drinker continues to drink or not.

Monday at 8:00pm

Pulaski AFG Group

Pulaski Presbyterian Church

975 Memorial Drive

Pulaski, Virginia 24301

NRV Alcohol Anonymous (AA) Groups

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Open Meetings-Open to anyone in the public
Closed Meeting- Only to those who need help

Pulaski Presbyterian Church

975 Memorial Drive

Pulaski, Virginia 24301

540-980-2631

Monday at 8:00pm- CLOSED (Big Book Study)

Wednesday at 12:00pm- OPEN

Thursday at 8:00pm- OPEN

Unity Christian Church

400 Tyler Ave. (Corner of Tyler and Clement Street)

Radford, Virginia 24141

Tuesday at 8:00pm- OPEN

Thursday at 8:00pm- OPEN

Saturday at 8:00pm- OPEN

Grace Episcopal Church

Fourth and Harvey Street

Do or Die Group

Radford, Virginia 24141

Monday at 8:00pm- OPEN

Friday at 8:00pm- OPEN

NRV Area of Narcotics Anonymous

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using.

Monday and Wednesday (H.O.W. Group):

7:00PM/Highland Park Community Church
6144 Wright Ave., Dublin, Va. 24084

Friday and Saturday (Principles Before Personalities):

6:00PM/First Presbyterian Church Annex (Manse)
72 Fourth Street NW, Pulaski, Va. 24301
Email newrivervalleyna@yahoo.com
Website <http://newrivervalleyna.org/>

Sunday (Serenity In Recovery Group):

6:00PM/Christ Episcopal Church
144 N. Washington Ave., Pulaski, Va. 24301

Pulaski Medical, LLC, Methadone Clinic

The methadone treatment programs at Pulaski Medical can give you the tools you need to rebuild physical health, mental health, and healthy relationships. One of our counselors will work hand-in-hand with you to understand your addiction and then develop a treatment plan—that you agree to—to get your life back on track. With us, you are a person, not a number. We are here to help, not punish. Our addiction treatment programs are designed to treat the whole person, to protect you, and to help you live a life free from illicit drug use.

1006 E Main Street
Pulaski, VA 24301-5218
Phone: (540)980-1125/Fax: (540)908-1127
Website: www.pulaskimedical.com/

Homeless Intervention/Emergency Shelter Services

New River Community Action

The mission of New River Community Action, Inc. (NRCA) is to promote and support the well-being and self-reliance of individuals, families and communities. Community Action Agencies are well known proponents of self-sufficiency. "A Hand Up, Not A Hand Out" is our motto. We strive to achieve our purpose through community organization and empowerment, i.e., helping local communities to recognize and address their own poverty conditions. NRCA has developed a variety of programs that prevent and alleviate poverty and improve the lives of low-income individuals and families.

412 N. Jefferson Ave, Pulaski, VA 24301
Hours: 9-11:30am; 1-3:30pm, Monday-Friday
Phone 540-980-5525

Emergency Assistance and Food Pantries

Provides assistance for clothing, utilities, heating fuel, health needs, rent or mortgage plus access and referral to other organizations. Food pantries are available for those in need.

412 N. Jefferson Ave, Pulaski, VA 24301
Phone 980-5525 or 980-0038
Fax 994-9334

Hours 9:00am-11:30am and 1:00pm-3:30pm Monday-Friday

Homeless Prevention Program (HPP)

Prevents or alleviates homelessness by providing temporary assistance in the form of no-interest loans for mortgages and grants for rent.

HPP Contact Person: Sarah Gray
Phone number: 540-980-5525
E-mail: showlett@nrcaa.org

<http://www.swva.net/nrca/homelessintervention.html>

Renter Education Workshops

Provides valuable information concerning landlord/tenant rights and responsibilities.

Housing Counseling

Provides support and resources related to housing situations such as pre- and post-purchase, mortgage default counseling, rental counseling, fair housing, and homelessness.

540-980-5525

New River Family Shelter

New River Family Shelter (NRFS) is the only scattered shelter program in the New River Valley that provides safe emergency housing to families and children. With multiple home sites, we increase accessibility to safe and private housing, creating a secure and nurturing environment for children. In addition to keeping the entire family together, we connect families to local support programs, empowering them to achieve confidence and self-sufficiency. We partner with the local community, including volunteers, local government and churches, to remove the stigma of homelessness and ultimately end long-term family homelessness in our community.

110 Roanoke Street, Christiansburg VA 24073.
540-382-6188.

To Our House

Partners with congregations of all faiths to provide temporary shelter for homeless men during winter months.

540-382-6186

Project Hope, NRV

Project Hope provides assistance for children experiencing homelessness in the New River Valley, and children living in local shelters. For additional information, contact

Aline Brinckman, homeless educator, at 540-382-5100 extension 1026 or

abrinckman@mcps.org.

Heating/Cooling and Home Repairs Assistance

Helping Hand Foundation

4003 Morning Glory Drive
Radford, VA

Hours:

6:00pm-9:00pm on the 4th Thursday of the Month January to October
6:00pm-9:00pm on the 3rd Thursday of the Month November to December
540-731-1755

New River Community Action

The mission of New River Community Action, Inc. (NRCA) is to promote and support the well-being and self-reliance of individuals, families and communities. Community Action Agencies are well known proponents of self-sufficiency. "A Hand Up, Not A Hand Out" is our motto. We strive to achieve our purpose through community organization and empowerment, i.e., helping local communities to recognize and address their own poverty conditions. NRCA has developed a variety of programs that prevent and alleviate poverty and improve the lives of low-income individuals and families.

Emergency Assistance and Food Pantries

Provides assistance for clothing, utilities, heating fuel, health needs, rent or mortgage plus access and referral to other organizations. Food pantries are available for those in need.

412 N. Jefferson Ave, Pulaski, VA 24301

Phone 980-5525 or 980-0038

Fax 994-9334

Hours 9:00am-11:30am and 1:00pm-3:30pm Monday-Friday

Outreach and Referral

Provides assistance to participants for accessing home weatherization, water/ waste water improvements and other housing and human services.

412 N. Jefferson Ave, Pulaski, VA 24301

Phone 980-5525 or 980-0038

Fax 994-9334

Pulaski Department of Social Services

Fuel/Crisis: 2nd Tuesday from October to March 15th

Cooling: June 15th to August 15th

53 Commerce Street

P.O. Box 110

Pulaski, VA 24301-0110

(540) 980-7995

(540) 980-7993 (FAX)

Southeast Rural Community Assistance Project (Indoor Plumbing)

Rehabilitating homes of low-income rural residents without complete indoor plumbing is a state-funded program in Virginia. When the home proves too decrepit for rehabilitation to meet HUD Section 8 housing standards, a new home is constructed.

540-345-1184

Food Pantries and Providers

Daily Bread-First Presbyterian Church

The church hosts Pulaski Daily Bread, an ecumenical program that serves mid-day community meals, five days a week. For more information on Daily Bread please contact Debra Harrell (540) 980-2131.

Corner of Fourth & Jefferson Street, Pulaski, Va. 24301
11am-12:30pm Monday-Friday

Dublin Baptist Church Food Pantry

Tuesday's and Wednesday's from 10am-2pm
Must be a resident of Pulaski County and provide ID for proof of residency.
1-540-674-6061

Heritage Church Heritage Cares Food Pantry

6195 Cleburne Blvd., Dublin, Va. 24084
<http://www.heritagechurch.net/540-674-9220> / 9am-4pm Every Thursday

Jordan's Chapel UMC-Food Pantry

Provides food assistance to families and individuals in the Pulaski Area in the form of food boxes. Food assistance may be requested once every 30 days. Persons requesting services are requested to come to our location to pick up boxes.

1977 Alum Spring Road/Pulaski, VA 24301
1-540-980-1349

By appointment only Tuesday & Thursday 4:30-5:00 p.m.

New Life Church of the Nazarene

Soup for the Spirit (Soup Kitchen)
2nd and 4th Saturday from 12:00 p.m. - 1:30 p.m.
Emergency Food Boxes and Emergency Hygiene Kits
Given out when needed. Can get a box/kit once every three months.
45 Jefferson Ave. S.
Pulaski, Va. 24301
540-980-2001

New River Community Action

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412 N. Jefferson Ave, Pulaski, VA 24301

Hours: 9-11:30am; 1-3:30pm, Monday-Friday/Phone 540-980-5525

Holiday Assistance

Supports families who lack enough money to purchase food and other items during the holidays. 412 N. Jefferson Ave, Pulaski, VA 24301

Phone 980-5525 or 980-0038/Fax 994-9334

(Closed Mondays)

Radford/Fairlawn Daily Bread

Provide a noon day hot meal in a dining room and by Meals on Wheels to homebound persons who feel the need for such nourishment.

501 Norwood Street, Radford, Va. 24141

540-641-3883 / 11am-12:30pm Monday-Friday

Radford Worship Center

Radford Worship Center established a monthly food distribution ministry called HIS PROVISION. Working with Second Harvest Food Bank and many local and regional grocers under the supervision of Dr. David Osterbauer and his wife Edith, countless volunteers minister to and distribute literally hundreds of pounds of food monthly to needy families in the New River Valley completely free of charge. **HIS PROVISION distributes food on the fourth Sunday of each month at 2PM.** For more information about HIS PROVISION or to find out how you may get involved with this vital ministry, contact Radford Worship Center.

Ingles and 2nd Street, Radford, Va. 24141

540-639-6287

The Dream Center

249 Dora Highway, Pulaski, Va. 24301

540-980-8880 / 10am-12pm Last Tuesday of the Month.

Valley Harvest Ministries Food Pantry

1 Harvest Place, Dublin, Va. /540-674-4729 / Wednesdays 9:00AM-11:00AM by appointment only, call to schedule time for delivery.

Clothing, Shoes, Toys, Furniture and Household Items

Christmas Toys/Pulaski County Christmas Store

Applications for Christmas Assistance must be submitted in person in September. Intake Schedules can be found at all Pulaski County Public Schools as well as the Pulaski County Department of Social Services
PO Box 2227
Pulaski, VA 24301
540-553-1309

New Life Church of the Nazarene

Solomon's Closet (Community Clothing Closet)
1st Saturday of every month from 10:00 a.m. - 12:00 p.m.
2nd and 4th Tuesday of every month from 10:00 a.m. - 12:00 p.m.
45 Jefferson Ave. S.
Pulaski, Va. 24301
540-980-2001

Radford Clothing Bank

2000 West Street
Radford, VA
Hours 10:00am-12:00pm & 4:00pm-6:00pm Thursday/10:00am-12:00pm Friday and Saturday
540-633-5050

Salvation Army of the New River Valley

Provides emergency assistance for rent and utilities. Offers lodging for one night in emergencies. Provides emergency food baskets, clothing, household items, baby food and diapers.
Pulaski/New life Church of the Nazarene
45 South Jefferson Ave.
Wednesdays 10am-12pm
1-540-394-1037

Upstairs Downstairs (Resale)

Upstairs Downstairs is a business dealing in the Resale Shops industry.
27 2nd Street Northwest
Pulaski, VA 24301-5015
(540) 980-4809

Counseling Services

Adult and Child Family Counseling

125 Broad Street
Dublin, VA 24084
Hours 8:00am-5:00pm Monday-Thursday/Evening by Appointment
Call for Appointment
540-674-4506

Heritage Restoration Lay-Counseling

Free Appointments
6195 Cleburne Blvd.
Dublin, VA. 24084
Website www.heritagechurch.net
540-674-9220

New River Valley Community Services

New River Valley Community Services (NRVCS) is a public provider of behavioral health services to residents of the New River Valley. The agency serves children, adults and families by providing community-based programs for mental health, intellectual disabilities, substance use disorders, and related prevention services. Emergency Services are provided. Fees vary according to income. Medicaid accepted.

Pulaski Clinic:

1042 E. Main Street
Pulaski, VA 24301

Hours:

Mon- 8:30 AM - 7 PM
Tues - 8:30 AM - 5 PM
Wed - 8:30 AM - 7 PM
Thurs - 8:30 AM - 7 PM
Fri - 8:30 AM - 3 PM

www.nrvcs.org

Phone: 994-5023

FAX: 994-5028

Women's Resource Center of the New River Valley

Domestic and Sexual Violence
Call for **Free Appointments**
1-540-639-1123 (call anytime)

Medical/Dental Clinics and Programs

Carilion Hospice, NRV

Hospice focuses on caring, not curing, and in most cases, care is provided in the patients home. Hospice care is also provided in freestanding hospice centers, hospitals, nursing homes, and other long term care facilities. Hospice services are available to patients of any age, religion, race or illness. Hospice care is covered under Medicare, Medicaid, and most private insurance plans, HMO's and other managed care organizations.

707 Randolph Street, Suite 251
Radford, Virginia 24141
540-633-9370

Deaf & Hard of Hearing Services Center, Inc.

DHHSC – New River Valley
c/o NRCC – Center for the Deaf and Hard of Hearing at Rooker Hall
Attn: Drema Bagley, DHHSC Outreach Specialist
PO Box 1127
Dublin, VA 24084
3rd Wednesday each month, 10:00 am to 2:00 pm (appointments only)
Phone: 540-342-0031 (voice, TTY)
Videophone: 540-585-4724
Toll Free: 800-552-7917 (voice or TTY)
Fax: 484-924-0031
Email: NRV@deafhh.org

FAMIS/Family Access to Medical Insurance

Virginia's program that helps families provide health insurance to their children. Health insurance is important to make sure that kids are able to get all the help they need to grow up healthy.

Website www.famis.org
1-866-873-2647

Free Clinic of Pulaski County

Primary medical care and medications to income eligible and uninsured Pulaski residents. Also makes referrals to other medical providers.

Call for appointment
412 N. Jefferson Ave.
Pulaski, VA 24301
540-980-0922

Lewis Gale Hospital

2400 Lee Highway
Pulaski, VA
Website www.pulaskicommunityhospital.com
540-994-8100

Medicaid Information

www.virginiamanagedcare.com

1-800-643-2273

Medicaid Transportation

Need to have Medicaid number, pick up and drop off address, name, phone and address of doctor.

Call 48 hours in advance

Medallion: 1-866-386-8331

Virginia Premier: 1-888-338-4579 ext. 1164

Medicare Information

A federal system of health insurance for people over 65 years of age and for certain younger people with disabilities

www.Medicare.gov

1-800-633-4227

Med-Ride

Med-Ride provides non-emergency medical transportation to qualified individuals in the New River Valley of Virginia. Med-Ride offers demand responsive, volunteer transportation to the lower income, uninsured and under insured citizens of the New River Valley. Med-Ride operates on a fee-for-service basis, however no one is denied due to an inability to pay.

540-980-0754

New River Community Action

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412 N. Jefferson Ave, Pulaski, VA 24301

Hours: 9-11:30am; 1-3:30pm, Monday-Friday

Phone 540-980-5525

CHIP (Children's Health Improvement Partnership)

Provides access to primary health care to pregnant women and families with children age's birth to seven. Parent education and support for family goals is provided through home visiting case management services.

412 N. Jefferson Ave, Pulaski, VA 24301

Phone 540-994-9200

Fax 540-994-9334

NRV Medical Center

2900 Lamb Circle
Christiansburg, VA 24073
Website www.carilion.com/cnrv/
540-731-2000

Pulaski Health and Rehabilitation Center

2401 Lee Highway
Pulaski, VA 24301
540-980-3111

Support Groups

Breast Cancer Support Group

Discussion groups and speakers for patients, family members, and personal support teams.

Pulaski, New River Valley Cancer Care Center
Pulaski Lobby

Meets the third Tuesday of the month from 5:00-6:00pm
(540)994-8545

Diabetic Support Group

Support group for people with diabetes, their family members and friends.

L. Brinkley Eure Education Building at Lewis Gale Hospital Pulaski

First Tuesday of the month at 6:30pm
540-994-8100

FLASH

Since addiction is a family disease, family members must attend the FLASH (Families Learning And Staying Healthy) group on Mondays from 6-7:30 p.m. at the NRVCS Montgomery Center in Blacksburg (700 University City Boulevard) before they may visit on Sundays from 2-4 p.m.

Grandparents Raising Grandchildren Support Group

Offers support to relatives raising children related to them. Group meets the second Thursday of the month at the Pulaski YMCA, 615 Oakhurst Drive, from 6-8pm.

Childcare and dinner provided free of charge.

Contact Cassie Mills for information

Phone 540-980-7720

Email cmills@nrvaooa.org

Look Good, Feel Better

Beauty professionals lead the group through a hands-on experience to learn make-up techniques, skin care, nail care, and how to use head coverings such as wigs, turbans, and scarves.

Pulaski, New River Valley Cancer Care Center
Please RSVP at 540-994-8549.

Prostate Cancer Support Group

The Prostate Cancer Support Groups are for men and people supporting them in dealing with Prostate Cancer.

Pulaski, New River Valley Cancer Care Center
(540)994-8545

Reaching Out Support Group

Discussion groups and speakers for patients, family members, and personal support teams.

Cancer Center Lobby, Pulaski, VA, 24301, United States

Meets second Tuesday of the month from 5:00-6:00pm

(540)994-8545

TOPS CLUB/Weight Management

The original, nonprofit, weight-loss support and wellness education organization. Established in 1948 to champion weight-loss support and success, we've helped millions of people live healthier lives. Join us today!

300 Giles Ave.

Dublin, VA

Meets Mondays at 6:00pm

(540)375-3239

***See Addiction/Substance Abuse (page 9) for NA, AA, and Al-Anon Support Group meeting places and times.**

Prison Aftercare

New River Community Action

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412 N. Jefferson Ave, Pulaski, VA 24301
Hours: 9-11:30am; 1-3:30pm, Monday-Friday
Phone 540-980-5525

VA CARES (Virginia Community Action Re-Entry System) assists ex-offenders in making a successful transition from prison or jail to society.

412 N. Jefferson Ave, Pulaski, VA 24301
Phone 980-5525 or 980-0038
Fax 994-9334

New River Valley Community Services

New River Valley Community Services (NRVCS) is a public provider of behavioral health services to residents of the New River Valley. The agency serves children, adults and families by providing community-based programs for mental health, intellectual disabilities, substance use disorders, and related prevention services. Emergency Services are provided. Fees vary according to income. Medicaid accepted.

Pulaski Clinic:

1042 E. Main Street
Pulaski, VA 24301

HOURS:

Mon- 8:30 AM - 7 PM
Tues - 8:30 AM - 5 PM
Wed - 8:30 AM - 7 PM
Thurs - 8:30 AM - 7 PM
Fri - 8:30 AM - 3 PM

www.nrvcs.org

Phone: 994-5023

FAX: 994-5028

Bridge Program (Jail and Jail Diversion Services):

Under contract, some treatment and educational services are provided in our local jails. Our staff also provides post booking treatment services to individuals identified with a mental health diagnosis

Senior Services

Grandparents Raising Grandchildren Support Group

Offers support to relatives raising children related to them. Group meets the second Thursday of the month at the Pulaski YMCA, 615 Oakhurst Drive, from 6-8pm.

Childcare and dinner provided free of charge.

Contact Cassie Mills for information

Phone 540-980-7720

Email cmills@nrvaoo.org

YMCA of Pulaski County

Provides licensed childcare and recreational programs that build a healthy mind, body and spirit for all. Offers programs such as swimming, fitness classes, senior programs, aerobics, water exercise, racquetball, yoga and swim lessons.

615 Oakhurst Avenue

Pulaski, Virginia 24301

540-980-3671

New River Valley Agency on Aging (NRVAoA)

The New River Valley Agency on Aging provides support services, advocacy, resources, and information to aging and disabled adults, as well as to their caregivers, to enable them to achieve maximum independence, maintain their dignity, and strengthen their social support systems within their communities while enhancing their quality of life.

Programs and services include:

Care Coordination and Options Counseling Services; Congregate Meals; Elder Abuse Prevention; Home Delivered Meals; Homemaker Services; Information and Assistance; Legal Services; Non-Emergency Medical Transportation; Long-Term Care Ombudsman Program; Respite Care; Retired and Senior Volunteer Program (RSVP); Virginia Insurance Counseling Program (VICAP) and the Volunteer Respite Program.

Intake Hours are 8:00am-4:30pm Monday through Friday

141 E. Main Street Pulaski, VA

Website: www.nrvaoo.org email: nrvaoo@nrvaoo.org

Phone: 540-980-7720

Volunteer Pulaski! Program

The Volunteer Pulaski! Program is designed to help individuals of all ages connect with a variety of interesting and worthwhile volunteer opportunities in the Town and County of

Pulaski. For individuals age 50 and better, a volunteer program coordinator assist to match them with a volunteer position or project that best suits their interest and skills.

106 N. Washington Avenue

Pulaski, Virginia 24301

Hours: Monday-Friday 8:30am-4:30pm

www.seniorcorps.org/540-980-3969

Senior Center of Pulaski

The Town of Pulaski Senior Center offers a variety of programs with an ever-increasing list of activities to serve the changing needs and interests of seniors. Our Senior Center is a popular gathering place for all senior residents of the Town and County of Pulaski. All persons 50 years of age and older and their spouses are invited to join us for our trips and activities.

106 North Washington Avenue, Pulaski, VA 24301
Hours: Monday- Friday, from 8:30 a.m. to 4:30 p.m.
(540) 994-8627

Social Security Administration

Provides intake and services in regard to: retirement benefits, survivor benefits, Medicare benefits and Supplemental Security Income (SSI). SSI is a program for people with low income and resources (assets) who are 65 and older, blind or disabled. Persons requiring original or replacement copies of their Social Security cards apply at this office.

130 Withers Lane
Wytheville, Va. 24382
Monday - Friday: 9:00 AM - 3:30 PM
1-888-632-6893

Employment Agencies/Information and Workforce Development

Bright Services

Bright Services has been in operation since 1981. They serve more than 1,000 corporate clients annually. We are the largest independently owned, locally managed firm, within the geographical region. The average Bright Services "temporary" employee works 37.33 hours weekly. Thousands of employees have obtained permanent jobs through Bright Services. Many people choose to work as temporary help because of flexible hours, immediate income, or to become familiar with area companies. This is one of the best routes to permanent employment. Bright Services provides its temporary employees with a benefits package, which can be tailored to client companies' specifications

Pulaski/Radford
1026 East Main Street
Pulaski, VA 24301
Phone (540) 980-1423
Fax (540) 980-1906

New River Community College Workforce Development

The Center for Workforce Development fosters economic growth and development by providing a variety of services, including skills upgrading and career development programs, retraining, pre-employment workshops, video conferencing, and state-of-the-art technology training. The Center develops customized training programs and delivers management workshops upon request.

P.O. Box 1127 Dublin, VA 24084
Phone: (540) 674-3613
Fax: (540) 674-3634

The New River/Mount Rogers Workforce Investment Board

Supported by federal and state funds and local service agencies, the NRV/MR WIB shows its commitment to the region's quality of life by helping people find jobs and train for better careers. Qualified adults and youths can visit the One-Stop Centers for training, job and career counseling, and other job-related information.

6580 Valley Center Drive, Suite 119
Radford, Virginia 24141
Website: www.nrmrwib.org
540-633-6764

Valley Staffing, Inc.

Valley Staffing, Inc. has been proudly meeting the New River Valley's staffing needs for over six years now. Conveniently located on Wright Avenue in Dublin, Virginia, Valley Staffing offers the hard working people of our community an opportunity to get a foot into the doors of the region's most sought after and promising employers.

6003 Wright Avenue/Dublin, Virginia 24084
www.valleystaffingjobs.com/540-674-3103

Virginia Employment Commission (VEC)

Accepts applications and administers unemployment benefits for persons who have worked in Virginia and other states. Provides assistance with locating and applying for employment, i.e. filling in applications, developing resumes, job interview skills etc.

800 East Main Street, Suite 200

Wytheville, 24382

(276) 228-4051

(276) 228-7399 FAX

Workforce Development Center Dublin/Goodwill Industries of the Valley

Offers Work Investment Act (WIA) Youth and Adult programs and services. The Youth Program provides training, employment and educational opportunities to eligible in and out of school youth ages 14 to 21. The Adult Program offers assistance with job search and placement, and educational opportunities.

103 Duncan Lane

Radford, VA 24141

Phone: (540) 639-9027

Fax: (540) 639-3517

@Work Personnel Services

For over a decade, @WORK Personnel Services has built upon its core foundation of meeting and exceeding the needs and expectations of people seeking employment opportunities as well as clients seeking a full service partner to assist with their company's staffing needs. By providing temporary, temp-to-hire, pay rolling and full time placement services, @WORK Personnel Services is committed to offering flexible employment solutions and the highest level of service available today.

504 Newbern Road

PO Box 1584

Dublin, VA 24084

Email: mmarcum@atworkpersonnel.com

Phone: 540.674.1118

Fax: 540.674.6666

Legal Help/Tax Assistance

New River Community Action

The mission of New River Community Action, Inc. (NRCA) is to promote and support the well-being and self-reliance of individuals, families and communities. Community Action Agencies are well known proponents of self-sufficiency. “A Hand Up, Not A Hand Out” is our motto. We strive to achieve our purpose through community organization and empowerment, i.e., helping local communities to recognize and address their own poverty conditions. NRCA has developed a variety of programs that prevent and alleviate poverty and improve the lives of low-income individuals and families.

412 N. Jefferson Ave, Pulaski, VA 24301
Hours: 9-11:30am; 1-3:30pm, Monday-Friday
Phone 540-980-5525

Volunteer Income Tax Assistance

Provides individuals and families assistance with tax preparation for potential increase in annual income resulting from earned income and child care tax credits.

540-633-5133 ext. 460

27th District Court Services Unit (CSU)

Provides services that prevent and reduce juvenile crime and also provide delinquent youth the opportunity to become responsible and productive citizens. Provides intake for juvenile complaints and petitions for custody, visitation, diverse programs, and protective orders; as well as provides court ordered probation and parole supervision for juveniles who have been committed to the Virginia Department of Juvenile Justice.

55 Commerce Street
Pulaski, Virginia 24301
8:15 A.M. - 12:00 P.M. & 12:45 P.M. - 5:00 P.M.
540-980-7735

Animal Shelters

Pulaski County Animal Control

Animal Control is responsible for ensuring that the community is safe from problematic animals and also to ensure that the animals are safe from abusive owners. Animal control only handles domesticated animals such as dogs and cats.

80 Dublin Park Road

Dublin, VA 24084

540-674-8359

www.nrvanimalshelters.com

Pulaski County Humane Society

The Pulaski County Humane Society (PCHS) is based out of Pulaski County in rural southwest Virginia. While our main focus is serving our own county, we regularly extend our adoption, spay/neuter, rescue, education, and outreach programs to people and pets throughout the New River Valley region and beyond.

80 Dublin Park Road

Dublin, VA 24084

540-674-0089

www.pchsva.org